

5th February 2021

Dear Parents and Carers,

Welcome to our newsletter for the week.

### Children's Mental Health Week



This week is Children's Mental Health Week. This year's theme is Express Yourself. There are some great resources online which can be adapted for use in home-schooling, online sessions or independent learning.

Watch the Royal Patron HRH The Duchess of Cambridge's video message to mark the start of the week.

<https://www.childrensmentalhealthweek.org.uk/news/the-duchess-of-cambridge-sends-message-to-mark-children-s-mental-health-week/>

The Virtual Assembly with BAFTA and Oak National Academy is now available to view and share – featuring Jodie Whittaker, Oti Mabuse, Matthew Lewis and many more...

<https://www.childrensmentalhealthweek.org.uk/news/watch-our-children-s-mental-health-week-assembly-with-bafta-kids-and-oak-national-academy/>

Also check out the wealth of resources that can support your child at home:

<https://www.childrensmentalhealthweek.org.uk/schools-and-youth-groups/>

### Free School Meals (Half Term)

Please find attached to this newsletter more information regarding families eligible for free school meals on the grounds of low income receiving a £15 voucher to cover the February Half Term holiday. As we have already used the Wonde voucher system, this will be fairly simple for us to administer again. A huge thank you again to Miss Corry for ensuring all our families who are entitled to this receive their vouchers over this period.

### Spelling Shed Winners

Congratulations to our top speller this week is Hadid (Class 9) with an incredible 53,093,968 points. Well done! Keep practising children!



Place	Winners	Total points awarded for correct spellings
1st	Class 9	69,046,312
2nd	Class 8	51,805,724
3rd	Class 3	30,789,457

### TTRS stats for week ending 05.02.21

Fastest 3 classes in the last 7 days.

Name	Avg Speed (s/q) ↑
Class 7	1.47
Class 12	2.09
class 10	2.40

Top 3 Coin Earners in the last 7 days:

1. Hasnain Aurangzeb Class 3
2. Inaya Noor Class 6
3. Eisha Faisal Class 12

### IF YOUR CHILD IS UNWELL

**Finally, but most importantly, if any child is feeling unwell, please do not bring them to school if they are receiving on-site educational provision and inform the school office.**

**If your child presents with any Coronavirus symptoms, including a headache, cold symptoms, aching limbs or a stomach upset, then please access a test, self-isolate and only return to school after a negative test result and when symptom free for 48 hours or after their 10 day isolation if positive. Children may only display minor symptoms for a short time and seem to be back to their normal selves after a couple of hours but still be positive and infectious.**

**If anyone in your household is unwell with any Coronavirus symptoms they should access a test and all household members should begin to isolate immediately.**

It is important to be informed or reminded that around 1 in 3 people have no symptoms and could spread Coronavirus without realising it. Government advice is that everyone should act as if they have the virus, even if they do not show symptoms. Anyone can spread the virus so please remember: Hands, Face, Space.

A reminder to parents to send any results to us directly regarding COVID test results. This email is [covid@alexandrapark.oldham.sch.uk](mailto:covid@alexandrapark.oldham.sch.uk)

If you receive a negative or positive result anytime please email the details to the above. The sooner we are informed the sooner we can allow your child back into school (if they are attending school).

We thank all parents for the immediate responses we have had already. You have certainly worked with staff to support the safety of children and staff with high levels of communication.

